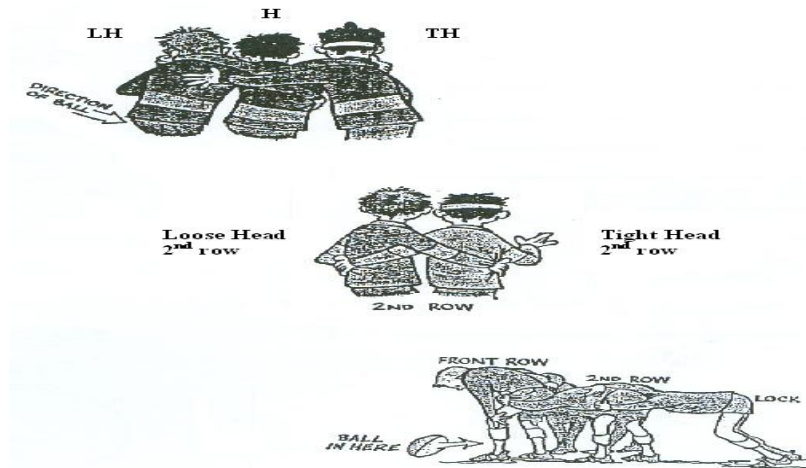


# Scrummaging

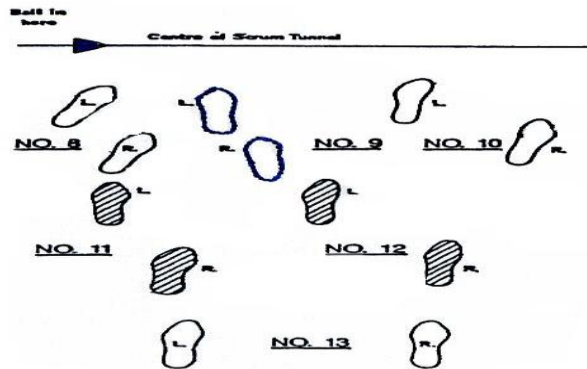
## Key areas when packing a scrum:

- \*Binding
- \*Feet Position
- \*Packing - flat backs, chins up

### Binding



### Feet Position



### Packing - Backs flat and parallel, chins up

